



Public Health Recommendations COVID-19 Pandemic Summer 2021

While some prevention measures will continue to be necessary as the pandemic in Madison County changes week to week, fully vaccinated people may be able to start some activities with low or reduced risk of getting sick with COVID-19 or passing it on to other people.

The following Public Health recommendations are based on data collected to date and are centered around current working knowledge of:

- Number of people vaccinated and herd immunity in the county.
- How long COVID-19 vaccines provide protection.
- How effective COVID-19 vaccines are against all COVID-19 strains including new variants.
- Impact of prevention measures combined with vaccination.
- Number of cases of COVID-19 in the county.

Fully Vaccinated People

- **Fully vaccinated** people (at least 2 weeks after the second dose in a 2-dose series, or at least 2 weeks after one dose of a single-dose vaccine) can do the following:
 - Normal activities without wearing masks or physically distancing, except where required by federal, state, or local laws, rules, and regulations, including local business and workplace requirements.
 - Travel both domestically and internationally in accordance with [current CDC guidance](#).

Exposures, Quarantine, and Isolation

- A **fully vaccinated** person does not have to quarantine following a known exposure to a COVID-19 case if the vaccinated person remains symptom-free.
- An **unvaccinated** person must follow normal quarantine procedures if he/she is exposed to a confirmed or probable COVID-19 case. The quarantine period is not less than ten days following the exposure. The quarantine period will be managed by Madison County Public Health.
- **Anyone** who tests positive for COVID-19 must follow normal isolation procedures. The isolation period is not less than ten days. The isolation period will be managed by Madison County Public Health.



Masks & Distance

- **Anyone** who wants to wear a mask should be permitted to do so unless specifically disallowed by federal or state law.
- Businesses, churches, schools, healthcare settings, government offices, and other public and private locations can set and uniformly enforce their own mask policy for employees, volunteers, and the public.
- The following people should wear a mask in **all indoor** settings when around people who do not live in their own household:
 - 1) Unvaccinated people age 12 and older
 - 2) Children age 2 to 11
- The following people should wear a mask in **crowded outdoor** settings when unable to maintain at least six feet of distance from other people who do not live in their own household:
 - 1) Unvaccinated people age 12 and older
 - 2) Children age 2 to 11
- **Anyone** age 2 and older should wear a mask when entering a healthcare office, hospital, or similar facility.
- **Anyone** age 2 and older should wear a mask when traveling on a plane, bus, train, or other form of public transportation.
- People who have a compromised immune system, on immunosuppressive drugs, undergoing treatments that weaken the immune system, or those who are more susceptible to hospitalization from any illness should wear a mask in indoor settings and crowded outdoor settings regardless of vaccination status.

Symptom Assessment

- **Anyone** who experiences symptoms of COVID-19 should stay home away from other people and be tested for COVID-19 regardless of vaccination status. Use either a PCR test at a healthcare setting or an FDA-authorized at-home rapid antigen test.
- Symptoms of COVID-19 include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, or diarrhea.

Choosing Safer Activities

Accessible link: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html>

	Unvaccinated People	Examples of Activities	Fully Vaccinated People
		Outdoor	
Safest		Walk, run, wheelchair roll, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		Indoor	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.



cdc.gov/coronavirus